

Starters

Tagliere

Selection of cheese and cured meats...15

Olivi

Olives marinated with rosemary lemon and hot peppers ...8

Fornarina

Baked flat bread with olive oil rosmar and sea salt ...8

Cocoa Puffs

Flour dusted chickpeas and fava beans parmigiano truffle oil... 8

Arancini

Crispy risotto balls with quattro formaggi and peas...10

Spuma di Ricotta

Whipped ricotta with honey peperoncini and toast 9

Eggplant Polpette

Eggplant meatless meatballs with tomato sugo ...10

Burrata

Buffalo milk creamy mozzarella arugula and pear carpaccio honey drizzle...17

Calamari

Lightly floured calamari rings with grilled lemon and tomato sauce...14

Gamberi

Shrimp with cannellini beans roasted peppers & rosemary garlic vino Bianco..16

Agnello

Grilled lamb sausage over broccoli bare and vin cotto drizzle...15

Mista Salad

Organic mixed greens with grape tomato and citrus oil...10

Arugula Salad

Baby rocket leaves with shaved parmigiano and lemon citronette...10

3Colore

Radicchio endive and arugula with lemon oil and shaved parmigiano...12

Mediterraneo

Tomato cucumbers and red onion with fetta olive oil lemon drizzle...12

Cobb Salad

Romaine with boiled egg bacon and blue cheese dressing. 12

Add Grilled Shrimp ...7 Add Grilled Chicken ...6

Please let us know about any allergies.

Zuppa Pranzo

Pizza

Margherita

Fresh mozzarella & san marzano pomodoro with fresh basil 14

Ficchissima

Fig jam, mascarpone gorgonzola and speck 14

Diavola Dolce

Tomato sauce mozzarella hot sweet soppressata and honey 14

Pizza Salsiccia

Crumbled Italian sausage pear and brie cheese 14

Bacon Egg & Pizza

Apple smoked bacon ricotta and egg with cracked black pepper 14

Pizza Bolognese

Our signature veal Bolognese with fontina and shaved long hots 14

Gluten Free available or an addition of \$5

Mains

Mortadella Panini

Thin sliced mortadella with arugula and shave parmigiano... 14

Chicken Panini

Grilled chicken breast with bacon zucchini and cheddar cheese ... 14

Steak Panini

Slices black angus steak with peperonatta and gorgonzola... 15

Eggplant Panini

Grilled eggplant with fresh mozzarella and pesto... 15

Zuppa Burger

La Frieda black angus 70/30 blend with crispy bacon and brioche bun... 18

All served with french fries and mixed greens

Pappardelle

Zuppa signature veal bolognese with mint chiffonade... 18

Spaghetti

Guitar stings Carbonara style but with beef bresaola... 18

Butternut Ravioli

Butternut and pecorino filled ravioli with sage brown butter...24

Trofie

Twisted Ligurian pasta with short rib ragu and pecorino cheese... 18

Gnocchi

Sweet potato gnocchi with Brussel sprouts and guanciale crema ... 18

Garganelli

Rolled edge pasta with shrimp in grappa tomato rosato... 18

Salmone

Atlantic salmon over spaghetti squash cherry tomato and lemon chardonnay...20

Chicken Osso Buco

Slowly braised Amish chicken thighs over whipped potato and natural braise juices...20

Veal Scallopini

Veal scallopini over potato pure topped with walnut fig balsamic glaze...22

Bistecca

Creekstone black angus sirloin with whipped potatoes and broccoli rabe ... 22